

Cal MediConnect Behavioral Health



- ☰ Welcome
- ☰ Introduction
- ☰ The Cal MediConnect Population
- ☰ Beacon Health Options
- ☰ Care Coordination - Specialized Behavioral Health Services
- ☰ Interdisciplinary Care Team
- ☰ Data Sharing Requirements

Welcome



00:37

Welcome to Cal MediConnect Behavioral Health

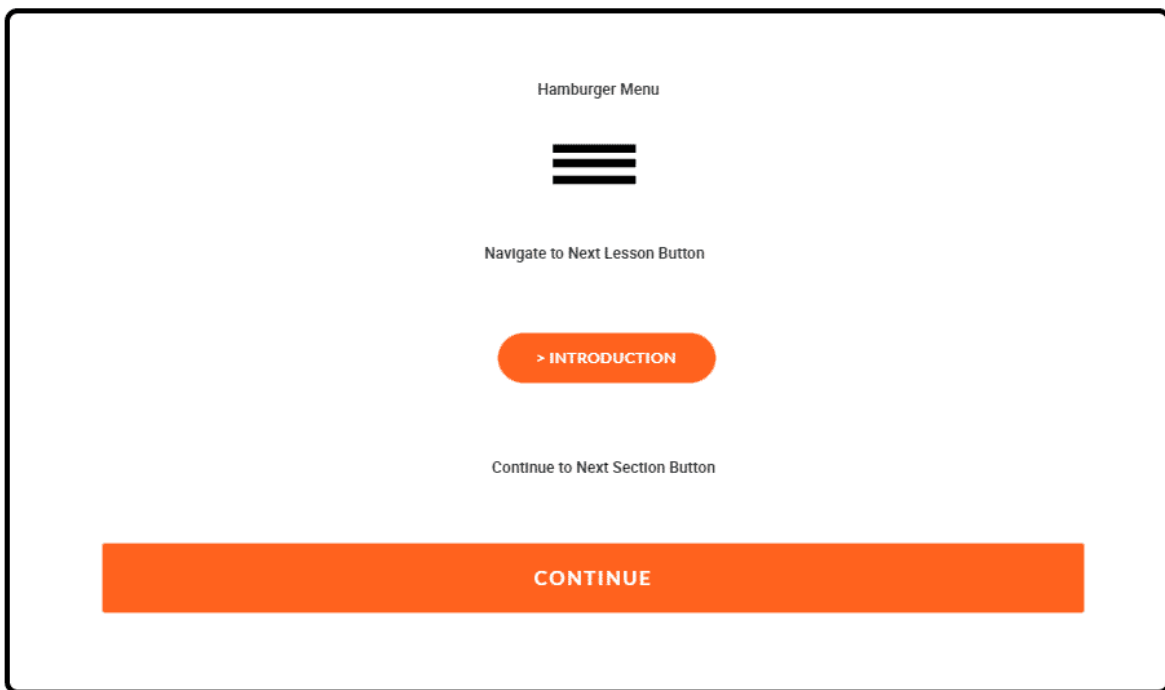
We have a great deal of important information to cover. So let's get started. My name is Rob and my name is Janet – we will be your hosts during this instructional. The course navigation does not allow you to skip ahead without you successfully interacting with every components of each page.

Located in the upper hand corner you will find what we call the hamburger menu. You can track your progress, search for acronym definitions, and see what topics you need to complete.

When you have successfully completed all page interactions the next page button will appear. You can always revisit pages you have previously completed.

The course is designed with an automatic bookmark mechanism. When you return to the course you will continue from your automatic bookmark.

Below is an image of the navigation buttons and icons used in this presentation. If you do not see the CONTINUE button it means you have not completed the lesson or you need to simply scroll down the page.



Navigation Buttons

Introduction

> INTRODUCTION

Introduction



00:18

This learning module will provide you with an overview of Cal MediConnect Behavioral Health.

- 1 Understand how Cal MediConnect members access Behavioral Health services.
- 2 Know how to contact the Behavioral Health vendor.
- 3 Understand what is in scope for the vendor.

The Cal MediConnect Population

> POPULATION

The Cal MediConnect Population



Members qualify for Cal MediConnect because they are receiving both Medicare and Medicaid benefits. This group includes people who have medical or mental health conditions, disabilities, substance use disorder abuse, social isolation, and poverty. For this reason, behavioral health services, which include both mental health care and substance use disorder services, are critical components of Cal MediConnect. We are required to provide integrated care where it is important to coordinate physical health, mental health and substance use disorder treatments. Members do not require a referral for outpatient services.

Population

The Cal MediConnect population has a high prevalence of medical and mental health conditions or disabilities, substance use disorders, social isolation, and poverty challenges. The three bullet points below clarify the Cal MediConnect population.

- 1 Members of Cal MediConnect are adults (age 21 or older) who are eligible for both Medicare and Medicaid.
- 2 Behavioral health services integration and care coordination are an important component of Cal MediConnect
- 3 Outpatient Behavioral Health services do not require a referral

Beacon Health Options

> HEALTH OPTIO...

Beacon Health Options



L.A. Care offers behavioral health services through its vendor Beacon Health Options. Behavioral health benefits include:

- Individual and group mental health evaluation and treatment (psychotherapy)

- Psychological testing (prior authorization required)
- Medication support services

Care Coordination

> CARE COORDIN...

Care Coordination – Specialized Behavioral Health Services



Additional specialty mental health services are available for member's who meet criteria for specialty level of care.

- Members who meet criteria for severe persistent mental illness (SPMI) can be connected with Los Angeles County Department of Mental Health (LAC DMH)

- Members in need of substance use treatment may access services through Department of Public Health/Substance Abuse Prevention and Control (DPH/SAPC).
- No wrong door approach to access to care. There may be multiple entry paths to access BH services.
- Formalized and timely level-of-care transition is a priority.

CMC Behavioral Health Services

BH Outpatient Non-Specialty (mild/moderate level of functional impairment)	BH Outpatient Specialty (High moderate and severe levels of functional impairment), Intensive Outpatient and Inpatient	Substance Use Treatment Services
Beacon	DMH	DPH (SAPC)

IPA & iPPG Responsibility:

- Behavioral Health (BH) Non-Specialty services in facilities (i.e. skilled nursing facility (SNF) and long term care (LTC) facility)
- Psychiatric evaluation/consult in general medical, acute hospital or facility
- Psychiatric evaluation for medical procedure/surgery
- SNF and Hospital placement support, including co-occurring disorders

Non-Specialty: Outpatient (office-based) medication services and individual or group therapy.

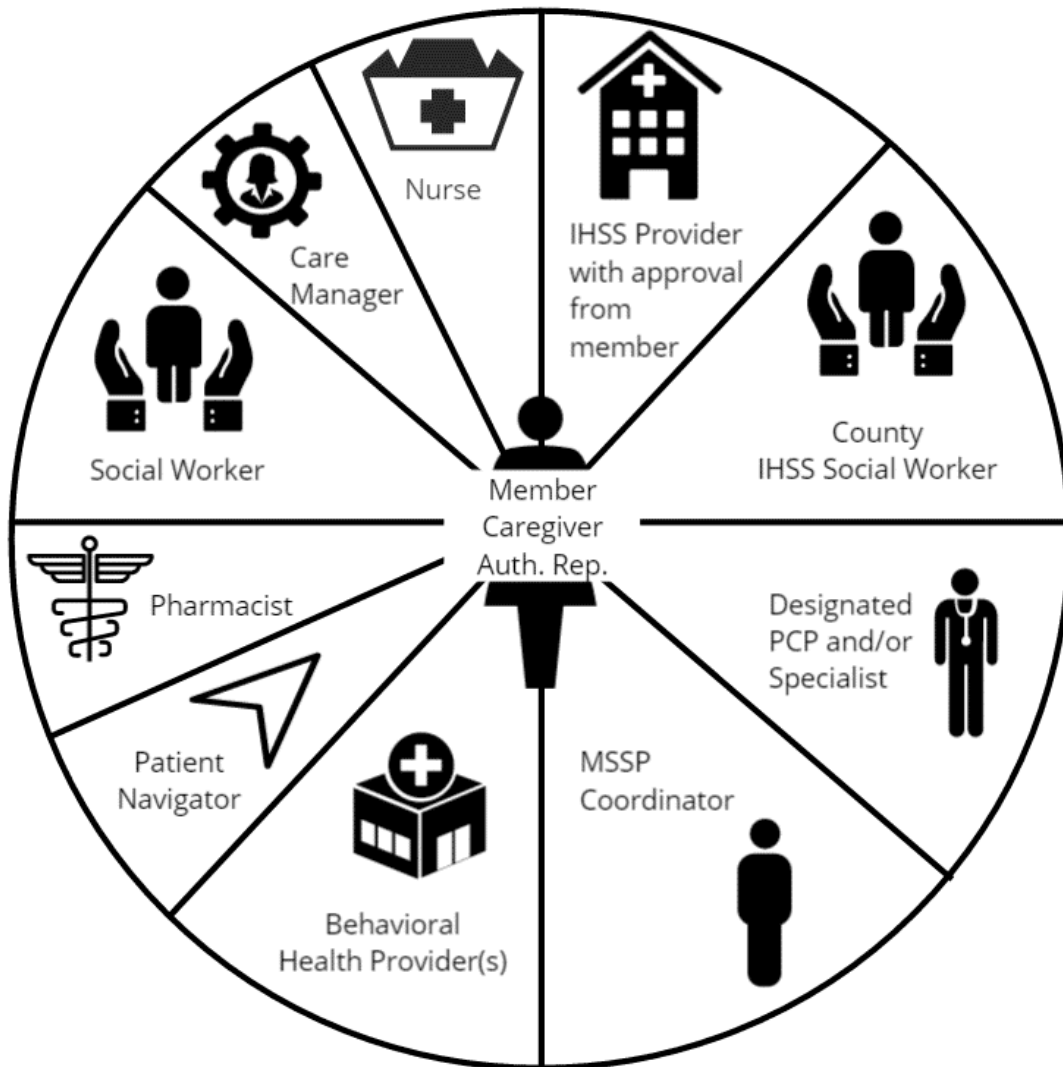
Specialty: Medication services, targeted case management, crisis intervention/stabilization, and day

treatment intensive/rehabilitation services for members with high moderate to severe BH conditions and functional impairments.

Interdisciplinary Care Team

> INTERDISCIPL...

Interdisciplinary Care Team



- L.A. Care Licensed Behavioral Health Clinicians participate during Interdisciplinary Care Team meetings for purposes of coordinating members behavioral health needs.
 - Low and moderate risk members are managed by the PPGs.
 - Complex and high risk members are managed by L.A. Care Care Management Dept.
- Beacon and/or DMH staff are invited to attend ICTs to address and coordinate members care as needed.

Data Sharing Requirements

> DATA SHARING

Data Sharing Requirements



It is required that health plans and county's mental health and substance use agencies expand existing or develop Memorandum of Understanding's (MOUs) for purposes of coordinating care between specialty and non-specialty mental health systems of care for shared members of Los Angeles County.

Delegates can access Department of Mental Health (DMH) services received by their assigned members through accessing L.A. Care's Provider Portal.

- L.A. Care outreaches to members to offer a member-centric case review between the member's medical and mental health providers

Behavioral Health Services Contact

Practitioners, L.A. Care staff and members may contact Beacon for assistance. Accessing outpatient Behavioral Health services DO NOT require a referral.

- L.A. Care staff, contracted practitioners and members may contact Beacon at (877) 344-2858
- Department of Mental Health (844) 804-7500
- For Substance Abuse Service Helpline (SASH) (800) 854-7771

Thank you for successfully completing Cal MediConnect Behavioral Health training.
To exit the tutorial click the **Exit Course** button below.

EXIT COURSE